



For more information, contact  
your school counselor:

North Mason HS Counseling Office  
Kim Walters (360)277-2185  
Rebecca Robert (360)277-2188

James A. Taylor HS and Homelink  
Deb Swaser (360) 277-2293

Hawkins MS  
Mirka Kjelstad (360) 277-2130  
Paul Sarsfield (360) 277-2142

Belfair Elementary School Counselor  
Jen Johnen (360) 277-2262

Sand Hill Elementary School Counselor  
Juliet Tran (360) 277-2318



# Local Services and Resources

***For Mason, Kitsap, and  
Pierce Counties***



## NMSD Counseling Mission Statement:

*The NMSD School Counseling Program is dedicated to developing the social, emotional, behavioral, and academic potential of ALL students by fostering a school community of hope, healing, and resilience.*

**Important Numbers**

Emergency Medical/Fire/Police	911
Mason County Sheriff's Office — Non-Emergency	(360) 426-4441
Crisis Clinic (24 hours)	(360) 586-2800 or (360) 754-1338
National Suicide Prevention Hotline	1-800-273-8255
Nacional de Prevención del Suicidio	1-888-628-9454
Youth Helpline (24 hours)	(360) 586-2777
Youth Helpline (North Mason)	1-800-627-2211
Turning Pointe Rape Crisis Hotline	(877) 923-1212
Washington Information Network	211 or 1-866-736-9634
Poison Control	1-800-222-1222

**Local Family and Individual Support Services**

**Dental**

Peninsula Community Health Services—Belfair  
31 NE State Route 300, Suite 200  
(360) 377-3776

Also at the following locations:  
Bremerton— Sixth Street Clinic  
Port Orchard

Harbor Kids' Teeth  
(253) 313-0013  
<https://www.harborkidsteeth.com/>

Belfair Dentistry  
(360) 275-6292  
<http://www.byrnedentistry.com/>

Studerus Dental  
(360) 275-9300  
<https://www.scottstuderusdds.com/>

North Mason Dental Center  
(360) 275-4455  
<http://www.belfairwadentist.com/>

**Vision**

The Vision Connection  
23160 NE State Route 3  
(360) 275-2020  
Fax: (360) 275-6848

**Local Family and Individual Support Services****Food Bank**

Community Food Pantry of Belfair  
71 Old Belfair Highway NE  
(360) 552-2600  
Hours: Mon-Tue 12—5pm

North Mason Food Bank  
22471 Highway 3, Belfair  
(360) 275-4615  
Hours: Mon-Tue 10 am-1:45 pm; Wed 1:00-4:45 pm;  
Thurs 2:30-6:00 pm

**Medical Services**

Harrison HealthPartners Primary Care  
21 NE Romance Hill Rd., Belfair  
(360) 277-2950  
Urgent Care: (360) 277-2975

Peninsula Community Health Services—North Mason Campus  
7:30 am - 4:00 pm  
(360) 377-3776  
[www.pchsweb.org](http://www.pchsweb.org)

Peninsula Community Health Services—Belfair  
31 NE State Route 300, Suite 200  
(360) 377-3776

Mason General Hospital and Family of Clinics  
901 Mountain View Dr., Shelton  
(360) 426-1611 or (360) 275-8614  
Toll-Free: 855-880-3201

**Counseling Services by County****Mason County**

Peninsula Community Health Services—North Mason Campus  
7:30 am - 4:00 pm  
(360) 377-3776

Peninsula Comm. Health Services  
Belfair, PO, Bremerton, Poulsbo  
(360) 377-3776  
Multiple Languages, English/Spanish

Catholic Community Services  
Shelton and Home Visits  
(360) 427-2230

Consejo Counseling  
Belfair (360) 277-4637  
Shelton (360) 763-5610  
[consejonew.consejocounseling.org/](http://consejonew.consejocounseling.org/)

Behavioral Health Resources (BHR) –Shelton  
(360) 426-1696

CIELO  
Shelton (360) 868-2431  
Belfair (360)  
[www.cieloprograms.org](http://www.cieloprograms.org)  
English/Spanish  
Advocate in Kan'jobal

**Pierce County**

Harbor Child and Family Therapy, PLCC—Gig Harbor  
(360) 979-1388

**Counseling Services by County (cont.)****Kitsap County**

MSC Counseling Group—Silverdale  
(360) 698-5883

Center for Child and Family Therapy  
Bremerton/Port Orchard  
(360) 698-9258

Peninsula Psychological Center  
Port Orchard/Silverdale/Poulsbo  
(360) 698-4860

NW Family Counseling —Silverdale  
(360) 692-3970

**Autism, Developmental Delay, and Specific Disability****Kitsap County**

The MARC for Miles ABA Services—Silverdale  
Contact: Mindy Miles  
(360) 536-3060

Olympic Peninsula Autism Center—Silverdale  
Contact: Allison Ryan  
(360) 337-2222

Center for Autism and Related Disorders (CARD) —Silverdale  
(360) 328-5050

**Pierce County**

Center for Therapeutic Intervention—Gig Harbor  
(253) 851-3874

**Local Family and Individual Support Services****Housing/Shelter**

Crossroads Housing  
71 Sargison Loop, Shelton  
(360) 427-6919  
[www.crossroads-housing.net/](http://www.crossroads-housing.net/)  
Emergency shelter, rental assistance, low-income apartments

The Coffee Oasis  
Hope Homes  
Manager: Julianne Haag  
(360) 479-5123  
[thecoffeeoasis.com/hopehomes/](http://thecoffeeoasis.com/hopehomes/)  
Youth shelters, supportive housing, and host homes

Turning Pointe  
Domestic Violence shelter  
210 Pacific Ct. Shelton  
360-426-1216  
[www.turningpointe.org/](http://www.turningpointe.org/)

North Mason Resources—Belfair  
140 NE State Route 300  
(360) 552-2303  
[nmresources.org/](http://nmresources.org/)

Shelton Connections  
Susan Kirchoff  
(360) 462-0125

**Transportation**

Mason Transit Authority  
(360) 427-5033  
Dial-a-Ride (360) 427-5033  
[www.masontransit.org](http://www.masontransit.org)

### Special Services

#### Domestic Violence/Sexual Assault

Turning Pointe  
Domestic Violence and Sexual Assault  
Hotline (877) 923-1212

Turning Pointe  
140 NE State Route 300, Belfair  
Belfair (360) 522-7648 or  
Shelton (360) 426-1216  
www.turningpointe.org  
English/Spanish

SafePlace—Olympia  
Domestic Violence and Sexual Assault  
Helpline (24 hours) 360-754-6300  
TTY: 711

Kitsap Sexual Assault Center — Port Orchard  
Phone (360) 876-3282  
Hotline (360) 479-8500  
www.ksacservices.com

#### Drug/Alcohol Support

True North Student Assistance and Treatment Services  
807 W. Pine St., Shelton  
(360) 427-2050

Al-Anon and Alateen Services  
42 NE Old Belfair Hwy, Belfair  
24 Hour Chatline: (206) 625-0000

### Parent/Child/Family Support

**Wraparound with Intensive Services (WISe)** works with parents and families to make a plan to help children succeed through support of family strengths, goals, and needs.

#### **Multisystemic Therapy (MST) Program**

Contact: Tricia Wiltse  
(360) 918-7889 or online at: [www.communityyouthservices.org/MST](http://www.communityyouthservices.org/MST)

This program works with families to build strengths and identify goals through change in the family structure.

#### **Transitional Aged Youth Program (TAY)**

Contact: Athena Grijalva, Program Director  
(360) 999-0106 or [agrijalva@communityyouthservices.org](mailto:agrijalva@communityyouthservices.org)

This program is for youth between the age of 15-21 who need additional support as they transition to independent living.

#### **Family Alliance for Mental Health**

Parent Network Group  
Contact: Donna Obermeyer  
(360) 790-7505  
[familyallianceformentalhealth.com](http://familyallianceformentalhealth.com)

This network of support groups is for dads, moms, and caregivers to meet in person and/or online to support each other, share parenting strategies, and create positive changes for their family.