

## **Mrs. Wilcox's Social Action Elective Class**

Our class is all about being an agent of change in our community and finding true happiness in helping others. What are you doing this week to help others? Many of us are not leaving our houses, so if you are not, how are you helping others in your family? How was it received? How did you feel? Please keep a log/journal of how you've helped others and your reflection. Take care of yourself! I look forward to seeing you all when this is over. 😊

Each Friday, please send me the document or a picture of your "helping others" log and your reflection on Remind or email [owilcox@northmasonschoools.org](mailto:owilcox@northmasonschoools.org).