

March 2020

NMHS Menu

MONDAY

1. Veggie Sandwich, Chips
2. Cheese Ravioli, WG Roll
3. Chicken Nuggets, WG Crackers
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. M&M Cookie

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TUESDAY

1. Brunch for Lunch
2. Pizza
3. Hot Dog
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

3

WEDNESDAY

1. Hamburger, Onion Rings
2. Pizza
3. Quesadilla
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

4

THURSDAY

1. Super Nachos
2. Mini Corndogs
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

5

FRIDAY

1. Fish Nuggets, Fries, WG Roll
2. Chickenwich
3. Stuffed Cheese Sticks
4. PBJ or Grilled Cheese
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

6

1. Chili Fries, Garlic Toast
2. BBQ Rib Patty
3. Chicken Nuggets, Chips
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich
9. Peanut Butter Bar

9

1. Teriyaki Dippers, Rice, Hawaiian Roll
2. French Bread Pizza
3. Roast Beef Melt, Chips
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

10

1. Cheese Burger
2. Chicken Ranch Lettuce Wrap, Popped Chips
3. Pizza
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

11

1. Chicken Strips, WG Roll
2. Hot Dog
3. Fish Tacos, Seasoned Tots
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

12

Non Student Day Term Turnaround

13

1. Philly Cheesesteak, Fries
2. Pizza
3. Spicy Chicken Bites, WG Crackers
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

16

1. Hot Ham & Cheese, Chips
2. Corndog
3. Chicken Nuggets
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich
9. Jello

17

1. Hamburger
2. Stuffed Cheese Sticks, Tomato Soup
3. Pepperoni Melt, Chips
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

18

1. Super Nachos
2. Mini Corndogs
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

19

1. Chickenwich
2. Popcorn Shrimp Basket
3. Pizza
4. PBJ or Grilled Cheese
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

20

1. Popcorn Chicken Bowl, WG Roll
2. Corndog
3. Cook's Choice
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

23

1. Teriyaki Chicken Bowl
2. Pizza
3. Baked Potato Bar, Cheese Bread
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

24

1. Spicy Chix Bites, Mac & Cheese
2. Hamburger
3. Chicken Caesar Melt
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

25

1. Brunch for Lunch
2. Crunchy Beef Tacos
3. Pizza
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

26

1. Fish Nuggets, Cheese Bread
2. Chickenwich
3. Egg Rolls
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

27

1. School Made Pizza
2. Sub Sandwich, Chips
3. Breaded Chicken Leg, WG Biscuit
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

30

1. Meatball Sub
2. Orange Chicken, Rice
3. Stuffed Cheese Sticks
4. PBJ
5. Bistro Box
6. Yogurt Parfait
7. Chef or Caesar Salad
8. Specialty Sandwich

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DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.

CAFETERIA NEWS

Pay On-Line

Student meals can be paid for by using our online system. Check with your school's office to get signed up for Family Access if you are interested.

Salad Bar Available Daily

Our Salad Bar choices feature a variety of selections including local fresh fruits & vegetables. 1/2 cup fruit or vegetable is required for a reimbursable meal.

Milk

Milk is served with every meal. Choice of non-fat Chocolate or 1% White for Lunch.

Choice of non-fat White or 1% White at Breakfast.

Ala carte Milk \$.50

Menus are Subject to Change

PLEASE DO NOT JEOPARDIZE OUR PROGRAM by eating food from children's trays or by taking food home. These meals are subsidized by USDA for children.

Adults are encouraged to come and eat with their children. Parents must pay the full cost for their meals.

Parents and Staff are WELCOME to eat breakfast for \$2.50 and/or lunch for \$4.50.

Student Meal Prices

- ♦Pre-School through 8th Grade
- James Taylor High School
- Breakfast No Charge
- Lunch No Charge

NMHS 9-12th
Breakfast \$2.00
Lunch \$3.25

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