

FEBRUARY 2020

NMHS Menu



Monday

1. Stuffed Cheese Bites, Chicken Noodle Soup
2. Pizza
3. BBQ Rib Sandwich
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
- Peanut Butter M&M Bar

3

Tuesday

1. Chicken & Waffles
2. Roast Beef Slider, Fries
3. Chicken Alfredo, WG Roll
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

4

Wednesday

1. Hamburger
2. Popcorn Chicken, WG Crackers
3. Chicken Caesar Melt
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

5

Thursday

1. Super Nachos
2. Mini Corndogs
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

6

Friday

1. Chickenwich
2. French Bread Pizza
3. Fish Sticks, Corn Muffin
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

7

1. CFS Mashed Potatoes, Gravy, WG Roll
2. Pizza
3. Cook's Choice
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
- Apple Crisp

10

1. Spicy Chicken Bites, Garlic Toast
2. Sub Sandwich, Chips
3. Brunch for Lunch
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

11

1. Teriyaki Chicken Bowl
2. Hamburger
3. Pizza
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

12

1. Beef Chimichanga
2. Mini Corndogs
3. BBQ Chix Leg, Mac & Cheese
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

13

1. Chickenwich
2. Stuffed Cheese Sticks
3. Popcorn Shrimp Basket
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
- Valentine Treat

14

Presidents' Day
No School

17

1. Chicken Nuggets, WG Cracker
2. Meatball Sub
3. Pizza
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
- Chocolate Chip Cookie

18

1. Orange Chicken, Rice
2. Hamburger
3. Tuna Sandwich, Chips
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

19

1. Taco Pizza, Rasp Churro
2. Mini Corndogs
3. Roast Beef Melt
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

20

1. Chickenwich
2. Chili, Cornbread
3. Pizza
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

21

1. Baked Potato Bar, Cheese Bread
2. Pizza
3. Corndog
4. PBJ or Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
- Jello

24

1. Salisbury Steak, Mashed Potatoes, Roll
2. BBQ Chix Leg, Biscuit
3. Deli Sandwich, Chips
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

25

1. Bacon Cheese Burger
2. Egg Rolls
3. Chicken Ranch Melt
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

26

1. Fish Tacos, Seasoned Tots
2. Mini Corndogs
3. Pizza
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

27

1. Chickenwich
2. Pepperoni Calzone
3. Cook's Choice
4. PBJ
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Bistro Box

28

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.

CAFETERIA NEWS

Pay On-Line

Student meals can be paid for by using our online system. Check with your school's office to get signed up for Family Access if you are interested.

Salad Bar Available Daily

Our Salad Bar choices feature a variety of selections including local fresh fruits & vegetables. ½ cup fruit or vegetable is required for a reimbursable meal.

Milk

Milk is served with every meal. Choice of non-fat Chocolate or 1% White for Lunch. Choice of non-fat White or 1% White at Breakfast. Ala carte Milk \$.50

Menus are Subject to Change

PLEASE DO NOT JEOPARDIZE OUR PROGRAM by eating food from children's trays or by taking food home. These meals are subsidized by USDA for children. Adults are encouraged to come and eat with their children. Parents must pay the full cost for their meals.

Parents and Staff are WELCOME to eat breakfast for \$2.50 and/or lunch for \$4.50.

Student Meal Prices

♦Pre-School through 8th Grade
James Taylor High School
Breakfast No Charge
Lunch No Charge

NMHS 9-12th
Breakfast \$2.00
Lunch \$3.25

USDA is an equal opportunity employer and provider