



Monday

1. Stuffed Cheese Bites, Chicken Noodle Soup
 2. BBQ Rib Sandwich
 3. PBJ
 4. Bistro Box
 5. Yogurt Parfait
 6. Chef or Caesar Salad
 7. Specialty Sandwich
- Peanut Butter M&M Bar

3

Tuesday

1. Chicken & Waffles
2. Chicken Alfredo, WG Roll
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

4

Wednesday

1. Hamburger
2. Popcorn Chicken, WG Crackers
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

5

Thursday

1. Super Nachos
2. Mini Corndogs
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef Salad
7. Chicken Caesar Salad
8. Specialty Sandwich

6

Friday

1. Chickenwich
2. Fish Sticks, Fries
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

7

1. CFS Mashed Potatoes, Gravy, WG Roll
 2. Pizza
 3. PBJ
 4. Bistro Box
 5. Yogurt Parfait
 6. Chef or Caesar Salad
 7. Specialty Sandwich
- Apple Crisp

10

1. Spicy Chicken Bites, Garlic Toast
2. Sub Sandwich, Chips
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

11

1. Teriyaki Chicken Bowl
2. Pizza
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

12

1. Burrito
2. BBQ Chix Leg, Mac & Cheese
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

13

1. Chickenwich
2. Stuffed Cheese Sticks
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

14

Valentine Treat

Presidents' Day
No School

17

1. Chicken Nuggets, WG Cracker
 2. Meatball Sub
 3. PBJ
 4. Bistro Box
 5. Yogurt Parfait
 6. Chef or Caesar Salad
 7. Specialty Sandwich
- Chocolate Chip Cookie

18

1. Orange Chicken, Rice
2. Hamburger
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

19

1. Taco Pizza, Raspberry Churro
2. Corndog
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

20

1. Stuffed Cheese Sticks
2. Chili, Cornbread
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

21

1. Baked Potato Bar, Cheese Bread
 2. Pizza
 3. PBJ
 4. Bistro Box
 5. Yogurt Parfait
 6. Chef or Caesar Salad
 7. Specialty Sandwich
- Jello

24

1. Salisbury Steak, Mashed Potatoes, Roll
2. Deli Sandwich, Chips
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

25

1. Brunch for Lunch
2. Egg Rolls
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

26

1. Quesadilla
2. Mini Corndogs
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich

27

1. Chickenwich
2. Pepperoni Calzone
3. PBJ
4. Bistro Box
5. Yogurt Parfait
6. Chef or Caesar Salad
7. Specialty Sandwich
8. Toasted Cheese

28

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.

CAFETERIA NEWS

Pay On-Line

Student meals can be paid for by using our online system. Check with your school's office to get signed up for Family Access if you are interested.

Salad Bar Available Daily

Our Salad Bar choices feature a variety of selections including local fresh fruits & vegetables. ½ cup fruit or vegetable is required for a reimbursable meal.

Milk

Milk is served with every meal. Choice of non-fat Chocolate or 1% White for Lunch.

Choice of non-fat White or 1% White at Breakfast.

Ala carte Milk \$.50

Menus are Subject to Change

PLEASE DO NOT JEOPARDIZE OUR PROGRAM by eating food from children's trays or by taking food home. These meals are subsidized by USDA for children. Adults are encouraged to come and eat with their children. Parents must pay the full cost for their meals.

Parents and Staff are WELCOME to eat breakfast for \$2.50 and/or lunch for \$4.50.

Student Meal Prices

♦Pre-School through 8th Grade
James Taylor High School
Breakfast No Charge
Lunch No Charge

NMHS 9-12th
Breakfast \$2.00
Lunch \$3.25

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