

FEBRUARY 2020

Elementary Menu



CAFETERIA NEWS

Pay On-Line

Student meals can be paid for by using our online system. Check with your school's office to get signed up for Family Access if you are interested.

Salad Bar Available Daily

Our Salad Bar choices feature a variety of selections including local fresh fruits & vegetables. ½ cup fruit or vegetable is required for a reimbursable meal.

Reduced Sugar Cereal is offered at Breakfast

All breakfast and lunch entrees are REDUCED FAT, REDUCED SUGAR, and WHOLE GRAIN.

Milk

Milk is served with every meal. Choice of non-fat Chocolate or 1% White for Lunch. Choice of non-fat White or 1% White at Breakfast.

Ala carte Milk \$.50

Additional Meal Options

Grilled Cheese Sandwich
PBJ Sandwich

Menus are Subject to Change

PLEASE DO NOT JEOPARDIZE OUR PROGRAM by eating food from children's trays or by taking food home. These meals are subsidized by USDA for children. Adults are encouraged to come and eat with their children but must pay the full cost for their meals.

Parents and Staff are WELCOME to eat breakfast for \$2.50 and/or lunch for just \$4.50.

Student Meal Prices

Pre-School through 8th Grade
James Taylor High School
Breakfast No Charge
Lunch No Charge

NMHS 9-12th
Breakfast \$2.00
Lunch \$3.25

USDA is an equal opportunity employer and provider.

Monday

Apple Cin Toast
Fruit / Juice

3

Pepperoni or
Cheese Pizza

Bacon Breakfast Melt
Fruit / Juice

10

Wild Mike's Pizza

17

No School
Presidents' Day

Breakfast Corndog
Fruit / Juice

24

Pan Pizza

Tuesday

WG Crackers & Yogurt
Fruit

4

Hamburger

Buttermilk Bar
Fruit

11

Stuffed Cheese Bites
Chicken Noodle Soup

18

Chicken Nuggets
French Fries

Berries & Cream Bar
Fruit

25

Chicken Sandwich
WG Cookie

Wednesday

Breakfast Corndog
Fruit / Juice

5

Popcorn Chicken,
Mashed Potatoes,
Gravy

Mini Pancake Bites
Fruit / Juice

12

Teriyaki Dippers
Rice

Sausage Eng. Muffin
Fruit / Juice

19

Mini Pancakes
Sausage Links

Egg & Cheese Muffin
Fruit / Juice

26

Egg Roll
Rice

Thursday

Banana Muffin
Fruit

6

Super Nachos

Blackberry Oat Bar
Fruit

13

Bean & Cheese
Burrito
Seasoned Tots

Blueberry Muffin
Fruit

20

Chicken Tenders
WG Roll

Choc Chip Muffin
Fruit

27

Beef Chimichanga
Seasoned Tots

Friday

Breakfast Bagel
Fruit / Juice

7

Chicken & Waffles

Loaded Hashbrown
Fruit / Juice

14

Chicken Sandwich
Valentine Treat

Breakfast Sliders
Fruit / Juice

21

Stuffed Cheese
Sticks

Mini Donuts
Fruit / Juice

28

Corndog

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.