



North Mason School District

71 E. Campus Drive, Belfair, WA 98528
(360) 277-2300; (360) 277-2320 FAX

Dear Parent or Guardian,

Keeping your child healthy is the goal of both the school and home. Children learn better when they feel as well as possible. Some of our students are at a greater risk for acquiring infections due to their physical limitations and medical conditions. Parents and physicians must be notified early of exposure to communicable diseases in order that preventive treatment, if needed, can be administered promptly. Since students work and play in close quarters, our guidelines for remaining at home need to be considered before sending your child to school.

General rules are:

1. Any student with a fever should be kept home and observed for other symptoms for at least 24 hours after temperature is normal (without fever-reducing medicine such as Tylenol or Motrin). If your child is below 101 degrees and has no other symptoms, they may be well enough to attend school.
2. Any student with vomiting during the night or more than twice in a 24 hour period should be kept home until symptom free for 24 hours.
3. Any student with watery diarrhea should be kept home until symptom free for 24 hours.
4. Minor sniffles are not usually enough to keep your student home. However, if your child is irritable, lethargic or taking over the counter medicine for cough or nasal discharge, they may not be able to function well in a classroom.
5. Any student with infected or red, watery eyes should be kept home until diagnosed by a health care provider, or is symptom free.
6. Any student with an undiagnosed skin rash or open, infected sores should be kept home until diagnosed by a health care provider, or it resolved.
7. Any student who has a medical procedure done under anesthesia or sedation should, in most cases, remain at home for at least 24 hours.

Please report any significant illness to me or your student's teacher. If you have any questions or wish to discuss health concerns, please contact me at the number below during school hours. **It is very important to keep the school office informed of your current phone numbers.** The school may need to contact you in an emergency so please update your child's emergency contact list throughout the school year.

Sincerely,

Catherine Shutty BSN, RN

District Nurse for NMSD

360-277-2328