

Revised: June, 2013

**North Mason School District
71 E. Campus Drive
Belfair, WA 98528**

ACTIVITIES CODE

**North Mason High School
200 E. Campus Drive
Belfair, WA 98528**

**Hawkins Middle School
300 E. Campus Drive
Belfair, WA 98528**

“In our drive toward a successful future, if we do not consciously form good habits, we will unconsciously form bad ones.”

INTRODUCTION

The activities program at North Mason School District is considered a part of the total education program. It is coordinated with the general instructional program and is financed by a combination of Associated Student Body (ASB) and North Mason School District funds. Athletic ability is judged on performance, not who a student may be (socially, ethnically, or financially). Emphasis is placed on good sportsmanship, physical development, skill, social experience and fun.

PHILOSOPHY

"Activities" means more than competition between individuals or teams representing different schools. It is, rather, a means of building a way of life truly respected in our society. It teaches understanding and appreciation of teamwork -- that to quit means to fail, and to break training rules means unhealthy living habits and places the morals of any team in jeopardy. This results in a loss of trust by coaches and other team members. Activities exemplify the philosophy that dedication, drive, and determination bring eventual success.

In keeping with the theory that activities participation is a privilege and a means of learning self-discipline, the following Activities Code, with regard to training and conduct, has been adopted. It is intended to apply to all students participating in interscholastic activities and includes cheerleaders and drill team.

BELIEFS

Interscholastic Activities exist, primarily, for the benefit of the students participating directly, and for the enjoyment of all others (students, faculty, parents and community).

Interscholastic Activities are an integral part of the total school education program. Its purpose is to provide educational experiences not otherwise available in the curriculum. These experiences foster learning outcomes in the areas of attitude, skills, and emotional patterns that contribute to the development of better citizens. Emphasis is upon teaching through athletics and other activities, in addition to teaching the skills of a particular sport.

Participation in Interscholastic Activities is a privilege to be granted to those students meeting the minimum standards of eligibility established by the North Mason School District, the individual schools, and the Washington Interscholastic Activities Association.

GOALS

TO DEVELOP QUALITY ATHLETES

- By providing positive role models
- By hiring and retaining quality coaches
- By providing quality training facilities
- By providing quality equipment

TO DEVELOP AN UNDERSTANDING OF THE VALUE OF COMPETITION IN OUR SOCIETY

- Through recognition of participation and performance
- By emphasizing the educational value of trying to win and learning to compete

TO DEVELOP GOOD CITIZENSHIP AND RESPECT FOR RULES AND AUTHORITY

- By instilling principles of justice, fair play, and good sportsmanship
- By providing the opportunity to develop team work and esprit de corps

TO PROMOTE AND CONTRIBUTE TO THE GOALS OF THE TOTAL EDUCATION PROGRAM

- The development of physical fitness and realization that a healthy body increases the probability of effective learning
- By providing a strong program that attracts student body interest and motivates a positive learning environment

- By providing participation opportunities for students, through planning and execution of program, to derive the greatest possible benefits

TO PROMOTE COMMUNITY INTEREST AND INVOLVEMENT IN SCHOOL ACTIVITIES

- By providing enjoyable experiences for participants and spectators
- By establishing rules and standards for activities that reflect a positive attitude and behavior traits, meeting the standards of the school and community

OBJECTIVES

The activities program objectives cover four main areas:

<u>Participation:</u>	The amount of involvement (playing time) a student has participated in a contest.
<u>Attitude Development:</u>	Those qualities of a positive self-concept, a sense of responsibility, sportsmanship, loyalty, and cooperation, associated with teamwork.
<u>Skill Development:</u>	The learning and mastery of the skills of the particular sport or activity.
<u>Winning:</u>	To gain “victory” in a contest.

- I. **Middle School Program (Junior Varsity).** Listed in order of importance.
 - A. Attitude Development
 - B. Participation
 - C. Skill Development
 - D. Winning
- II. **Middle School Program (Varsity).** Listed in order of importance.
 - A. Attitude Development
 - B. Skill Development
 - C. Participation
 - D. Winning
- III. **High School C-Team Program (freshmen).** Listed in order of importance.
 - A. Attitude Development
 - B. Skill Development
 - C. Participation
 - D. Winning
- IV. **High School Junior Varsity Program.** Listed in order of importance.
 - A. Attitude Development
 - B. Skill Development
 - C. Winning
 - D. Participation (based upon ability)
- V. **High School Varsity Program.** Listed in order of importance.
 - A. Attitude Development
 - B. Winning
 - C. Skill Development
 - D. Participation (based upon ability)

Although the same objectives are used for each program, the order in which they are listed is different. The change in emphasis for the programs is necessary to adequately meet the different physical, emotional development, and maturity needs of each group.

Winning should not be regarded as the sole justification for participation; however, a primary objective of the high school varsity programs is to develop a highly competitive level of performance in relation to league and state competition.

ACTIVITIES CODE

All students who participate in the athletic program of the North Mason School District will comply with the rules and regulations and will submit to the reasonable discipline of school authorities. Any student having registered and/or participated in the athletic program is subject to the athletic code for athletes from the first participation until graduation from senior high school. In other words, the student is giving their word and agreeing to abide by this code from the

moment he/she completes the registration forms for their first high school sport or activity, until they graduate from high school.

The Activities Code represents minimum standards. Individual head coaches may require additional written standards that are unique to a particular sport or activity.

REQUIREMENTS FOR PARTICIPATION

As a participant in any activity, students are not eligible until the following are completed and turned in to the office:

1. Physical Examination Form (Must be current through the season that student is registering for)
2. Athletic Registration/Parent Permission Form
3. Adequate Medical Insurance
4. Paying fees (as determined)
 - ASB Participation Card
 - All fines previously incurred
5. Medical/Emergency Card
6. Assumption of Risk Release Form

The participant must abide by all WIAA rules and regulations.

1. **Age Limits (High School)** / WIAA rule 18.4.0- Student must be under 20 years of age on:

- | | | |
|----|-------------|-------------------|
| a) | September 1 | for fall sports |
| b) | December 1 | for winter sports |
| c) | March 1 | for spring sports |

Age Limits (Middle School) – Student shall not have reached their 15th birthday prior to June 1 of the previous school year.

2. **Residence Rule** / WIAA rule 18.9.0 - Students must reside within the boundaries of the North Mason School District with either one or both parents, or with a legal guardian. There are exceptions to this rule, and any questionable situation must be brought to the attention of the Athletic Director.
3. **Enrollment Rule** / WIAA rule 18.5.0 - An athlete shall be enrolled in school not later than October 1st (the first term), and February 15th (the second term), to fulfill the previous semester requirements on attendance. He/she shall have been in regular attendance from the time of enrollment to the date of the contest.
4. **Physical Examination** / WIAA rule 18.13.0 - Prior to the first practice for participation in interscholastic athletics in a middle level school, and prior to the first practice for participation in a high school, a student shall undergo a thorough medical examination and be approved for middle level and/or high school interscholastic athletic competition by a medical authority licensed to perform a physical examination. A student wishing to participate at the high school level for the first time is required to have a new physical regardless of when that student had their last physical. Written evidence of having passed the physical exam must be on file in the Athletic Director's office before the student will be permitted to turn out for the first practice. It is emphasized that this exam is only valid for 24 months, and it must be updated at the end of this period, even though it might occur in the middle of a sport season.
To resume participation following an illness and/or injury serious enough to require medical care, a participating student must present, to his/her coach, a "Return to Play" form signed by/for a physician.
5. **Other W.I.A.A. Eligibility Rules:** Below are listed several of the W.I.A.A. eligibility rules which are the most commonly troublesome ones for some students. Others include:
 - a) Students must be members of their school (18.5.0)
 - b) Students must meet special requirements if they have transferred between schools (18.10.0)
 - c) Students must meet the season limitation standard (18.4.2)
 - d) Students must get special permission if they are a Foreign Exchange Student (18.10.3)
 - e) Students must meet Amateur Standing (18.19.0) criteria, etc.

Behavior / Citizenship - The participant must practice appropriate behavior and good citizenship at all times. Continued displays of inappropriate behavior in the classroom, at school, or in the community will result in probation and/or suspension from the athletic program.

“DO NOT DO ANYTHING TO HURT THE TEAM”

Team Standards – The Head Coach or Advisor has the authority to determine reasonable team standards (or rules). These standards must be approved and be on file in the Athletic Director's office. It is recommended that these standards be communicated to parents and athletes at a pre-season meeting. It is also good practice to provide parents and athletes a written copy to be signed, stating that they have read, understand, and agree to abide by the rules set forth.

General Health - The participant should maintain a well-balanced diet and regular sleeping hours.

Appearance - Any participant, when at athletic contests, must be neat in appearance. The Head Coach of each sport will determine what is acceptable.

Attendance / School Participation - For any games/matches, or practices held on a school day, the participant must be in attendance for all classes offered, or have prior administrative clearance. Athletes are expected to fully participate in all class activities (i.e., student-athlete must suit up and participate in PE class) in order to be eligible to practice or play in a game/match on a particular day, unless administrative clearance is given.

Hawkins Middle School Extra Curricular Academic/Behavioral Code of Conduct Expectations - Participants in any extracurricular activities (defined as out of school, but school sponsored activities in which participation is voluntary and in which participation is not expected as part of any school course) are expected to have PAWS Responsibility scores of 3.0 or higher in each class and no "Exceptional Misconduct" office referrals which result in suspension (including in-house suspension) throughout the duration of the school sponsored activity (Sports Season).

If a middle school student is taking a high school credit course in middle school that is graded "A,B,C,D,F" they must follow the high school academic activity standards for that course. All other non-high school credit courses would follow the middle school PAWS Responsibility and "Exceptional Misconduct" office referral expectations.

PAWS Responsibility: P=Prepared, A=Always Respectful, W=Winning Attitude, S=Safe

Academic and Behavioral Tracking Process: All student athletes who signed up for a sport or qualifying activity will have their classroom PAWS Scores checked on the first Wednesday after the activity sign up closing date and each subsequent week during the activity/sports season. Those students with PAWS scores of 3 or better in each class will be "In Good Standing" and those with one or more classes with a PAWS score of 2 or lower will be on the "Week 1 Warning List". Any "Exceptional Misconduct" infractions resulting in suspension (In-house included) that occur after the sports season or qualifying activity closing date will also place the student on a "Warning List". If a student receives a PAWS Score of 2 in at one or more classes AND an "Exceptional Misconduct" resulting in suspension (including in-house) in the same weekly check he/she will move TWO warning lists from the current status.

PAWS Responsibility scores and "Exceptional Misconduct" office referrals will be tracked weekly throughout the season for all students involved in a school activity or sports team.

PAWS Responsibility Placement on a "Warning List": For any PAWS Responsibility Score below "3", students will initiate a meeting with each teacher (at an agreed time) to make sure they know what needs to improve to ensure they know how to receive a PAWS Responsibility score of 3 or better in all courses in order to keep from progressing to other levels of sports/activity warning or ineligibility. These meetings are not mandatory and if they occur a PINK Stay Eligible Report will be completed by the student and teacher and kept by the teacher. Note: Completing a PINK Stay Eligible Report does not improve the students Warning List Status.

Exceptional Misconduct Placement on a "Warning List": Students initiate a meeting with the Dean of Students to understand how to avoid receiving office referrals. This meeting can be documented by completion of a PINK Stay Eligible Report that will be kept by the Dean of Students. Completing a PINK Stay Eligible Report does not improve the students Warning List Status.

Note: This is a Progressive System designed to re-teach expectations and hold students accountable to school success behavior in and out of the classroom. Students placed on "Warning Lists" can maintain that level of participation by following expectations of PAWS Responsibility scores in classes on weekly checks or not engaging in any or additional "Exceptional Misconduct" behavior resulting in an office referral that results in the student being suspended (included in-house suspension) from school during the sports season or duration of the activity. Coaches will require students to meet with teachers/dean to understand what is causing the student to receive PAWS scores below 3 or "Exceptional Misconduct" office referrals.

A student will stay at one of these levels for the entire sports season (*see Second Warning List for exception) as long as they comply with classroom PAWS Responsibility score requirements at weekly checks and refrain from any "Exceptional Misconduct" office referrals that result in suspension (including in-house).

1. Athletic Code Progression:

- a. **IN GOOD STANDING:** At the start of the Sports/Activity Season: Middle school students who have demonstrated a 3.0 or higher on the PAWS Responsibility (Effort) grade for each class at the first and each subsequent weekly check and who have no “Exceptional Misconduct” office referral infractions (resulting in suspension/in-house suspension) on or after at the closing date of the activity sign up or throughout the duration of the activity (Sports Season). Students can stay at this level throughout the duration of the activity or sports season by maintaining PAW Responsibility scores of 3 or better in all classes and receiving no Exceptional Misconduct office referrals resulting in suspension (including in-house) for the duration of the activity or sports season.
- b. **FIRST WARNING LIST:** Student’s PAWS Responsibility score for any course is below or falls below 3.0 for any course during the weekly check he/she will be on a warning list. Also, any student with an “Exceptional Misconduct” office referral resulting in suspension (including in-house) during the activity (sports season) will be on the Warning List. On “First Warning List” during a season a student can practice and participate in contests or performances with the team.
- c. **SECOND WARNING LIST*:** Student PAWS Responsibility score falls below 3.0 for any course on weekly checks for a SECOND week and/or receives a second suspension (including in-house) resulting from an “Exceptional Misconduct” office referral, he/she will be able to practice and can participate in contests or performances. The Coach or Activity Supervisor will hold participants accountable and re-teach skills as needed in order to ensure the student stays at this level for the duration of the season.
- *At the fourth weekly check of a sports/activity season a student on “SECOND Warning List” will be considered “THIRD & FINAL Warning List”. They would move from their current status to “Ineligible” for the balance of the activity (sports season) if they receive a PAW Responsibility score below 3 in any class or an “Exceptional Misconduct” office referral resulting in a Suspension (in-house suspension).
- d. **THIRD & FINAL WARNING LIST:** Student PAWS Responsibility score falls below 3.0 for any course on weekly checks for a THIRD week and/or receives an additional suspension resulting from an “Exceptional Misconduct” office referral, he/she will be able to practice with the team and can participate in contests or performances with the team. The Coach or Activity Supervisor will apply appropriate consequences in order to ensure the student stays at this level. Student must be warned that any additional infractions will result in losing participation in a performance or competition.
- e. **INELEGIBLE:** Student PAWS Responsibility score falls below 3.0 for any course on weekly checks for a FOURTH week and/or receives an additional suspension resulting from an “Exceptional Misconduct” office referral, he/she will be able to practice with the team but **cannot** participate in contests or performances with the team for one week. If All PAWS scores are at a 3 or better at the end of this week and the student has no additional “Exceptional Misconduct” office referrals resulting in suspension (including in-house) they will be able to practice and participate in performances. Note: all subsequent PAWS grade checks must be at 3 or better in all courses and the student must not have additional “Exceptional Misconduct” office referrals resulting in suspension in order to keep from being removed from the activity or sports team.
- f. **FORFIET:** Student PAWS Responsibility score falls below 3.0 for any course on weekly checks for a FIFTH week and/or receives an additional suspension resulting from an “Exceptional Misconduct” office referral, he/she will not be able to practice or participate in contests or performances for the rest of the season.

2. **8th Grade to High School Transition:** If a student has a PAWS Responsibility score of 2 or lower in two or more classes on the final report card of the year, he/she will be on high school probation for a 5 week period (see #4 under North Mason High School Academic). During this period he/she can practice with the team but cannot participate in contests or performances.

North Mason High School Academic - Participants in any extracurricular activities (defined as out of school, but school sponsored activities in which participation is voluntary and in which participation is not expected as part of any school course) are expected to pass all subjects during the previous grading period and earn at least a 2.0 grade point average for the previous grading period. The following steps will be followed in assessing a student's eligibility:

1. All students may turn out for all athletics/activities, providing they meet the WIAA requirements (must have passed three subjects (high school) the previous term. This means that a student may turn out whose G.P.A. the previous grading period was below the 2.0 and they could have failed one of four classes.
2. If a student has a G.P.A. less than the 2.0 and/or failed a class during the previous grading period, he/she will be required to **MAINTAIN** a 2.0 average in all classes, on a week-to-week basis. If his/her average falls below a 2.0, or he/she receives an "F" grade in any of the classes (as reported weekly), he/she will be placed on probation one time only during that sport season, thereafter, he/she will be ineligible until they have a 2.0 average and no "F's" on their weekly reports. The student may continue to turn out and practice, but not participate in contests or performances.
3. Students who enter an activity/sport, who have a 2.0 and passed all courses from the previous grading period will also have grades checked on a weekly basis. If a report indicates student is receiving an "F", he/she will go on probation for one week, but will still be able to participate in the contest or performance. If student receives an "F" from that same teacher on his/her next weekly eligibility check, he/she will be ineligible until the grade is raised to a passing level. Three "F" grades from the same teacher will result in the student being ineligible until grade is improved to the passing level, regardless of when they occurred.
4. A student who fails more than one class the previous term will be placed on probation for a five week period beginning the first day of the succeeding semester. During this period, the student is ineligible for contests but may practice. At the end of the probationary period, if the student is passing the required number of courses, he/she will be reinstated for interscholastic competition.

Middle and High School Program Special Circumstances - Students new to the district will be "grand fathered" for one grading period. This includes freshmen. Students who qualify for the state handicapped program must make satisfactory progress and effort, consistent with their ability toward goals described in the Individualized Education Program (I.E.P.)

The Superintendent and the Board of Directors are designated as the avenue for appeals in cases where a student is declared ineligible.

Changing Sports - A participant shall not drop one sport, after the first varsity competition, and be eligible for another sport in the same season, without the approval of the Athletic Director and the Head Coaches of the sports involved. (See Change of Sport Form)

A.S.B. Requirements - The participant shall have the option of being a member of the North Mason High School Associated Student Body, or paying a non-refundable ASB equipment fee for each sport in which he/she participates. (The equipment fee will be equal to the cost of an ASB Participation Card and will be assessed for each sports season)

Financial Responsibilities - Participants are financially responsible for all equipment issued to them. All financial obligations must be cleared prior to beginning of any sport season.

Travel -When transportation is provided by the school district, the participant is expected to travel to and from contests in the vehicle provided. Only on the personal, written request by a parent/guardian of the participant, and with the approval of the coach/advisor, will a participant be allowed to leave with his/her parent(s)/guardian(s) or another team member's parent(s)/guardian(s).

Theft - A participant shall not steal or vandalize another's property. Stealing, or unauthorized use of other's property, will not be tolerated and will be dealt with severely.

Use of tobacco, alcohol or illegal drugs - Participants shall not use or be in possession of tobacco (smoking or chewing), alcohol or illegal drugs. In addition, the participant shall not be present at a party where alcohol and other drugs are consumed. Failure to leave promptly will be considered a violation.

1. 1st Violation: The participant must practice, but may not suit-up, travel with, or participate as a squad member for ten (10) school days during interscholastic competition (any contests or practices held on a non-school day will count as one of the school days) after they are eligible for that sport season according to WIAA rules. If a situation exists in which cancellations and rescheduling of contests, due to weather, have occurred,

causing more than 15% of the season's contests to occur within a specific 10 day probation period the student will be suspended from 15% of the regular season contests only. If no contests occur within a specific 10-day probation period, the student athlete will still be suspended for a minimum of one contest.

For alcohol and other drugs, the student must also receive a drug/alcohol assessment from a licensed drug/alcohol treatment/counseling professional prior to returning to competition. Once the assessment has been completed, the student may return to competition, but must still complete the recommended treatment prescribed by the drug/alcohol professional.

Failure to complete the recommendations within a reasonable time frame can result in the student being declared ineligible from competing in athletic contests.

2. 2nd Violation: The participant will be subject to the following disciplinary action if violation occurs within one calendar year of the first violation.
 - A. The Head Coach/Advisor, Activities Director, Assistant Principal and enough additional coaches/advisors (selected by lot) to make a committee of five (5), shall make decisions in relation to the length of disciplinary suspensions resulting from a second violation.
 - B. The participant will be suspended from competition for a minimum of 20 school days (30% of contests) and, possibly, other disciplinary action by the committee.
 - C. The participant may be suspended for a maximum of one calendar year.
3. 3rd Violation: Three or more violations will result in increasingly more serious consequences, including athletic suspension or athletic expulsion.
4. Self-Referrals: For athletes who refer themselves to school officials due to use of alcohol and/or other drugs, the following will apply: The student will be required to receive a drug/alcohol assessment from a licensed drug/alcohol professional and must complete the recommended treatment. This will be completed in a confidential setting to protect the student athlete. Failure to complete the recommendations within a reasonable time frame can result in the student being declared ineligible from competing in athletic contests.

Use of Legend Drugs including Anabolic Steroids, Possession, Sale and/or Use:

WIAA Rules and Regulations (18.23.0) regarding student standards for Interscholastic Eligibility

Washington Laws and Student Eligibility - Whenever State of Washington Laws prohibit eligibility, or as a result of violation student eligibility is restricted by law, the member schools of WIAA shall minimally restrict participation in those activities under WIAA's jurisdiction as prescribed by law.

Penalties for Violation of RCW 69.41.020 - 69.41.050 (Legend drugs including anabolic steroids possession, sale and/or use) -- A violation of RCW 69.41.020 - 69.41.050 shall be considered a violation of the eligibility code of standards, and shall subject the student to disciplinary actions. **Legend drugs are defined as those drugs that are legal ONLY through prescription.** The following penalties will be administered:

1. 1st Violation: the student athlete shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season.

Ineligibility shall continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school eligibility board, consisting of coaches and administrators selected by the principal, to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student athlete's case. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program.

A student athlete who voluntarily seeks help for a problem with use of legend drugs (RCW 69.41.010 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program, pending recommendation by the school eligibility authority.

2. 2nd Violation: A student athlete who again violates any provision of RCW 69.41.020 through RCW 69.41.050 shall be ineligible and prohibited from participating in any WIAA member school interscholastic sports program for a period of one calendar year from the date of the second violation.
3. 3rd Violation: A student athlete who violates for a third time RCW 69.41.020 - 69.41.050 shall be permanently prohibited from participation in any WIAA member school athletic program.

DEFINITIONS

Athletic Discipline: All forms of corrective action of sanction other than probation, suspension, or expulsion, and will include the exclusion of a student athlete from an activity by a coach for a period of time, not exceeding the balance of the immediate turnout or game.

Athletic Probation: A period of time that a student athlete remains a part of the squad during which he/she is given an opportunity to correct specific deficiencies as identified by the head coach. During a probationary period, student athletes may continue to participate in practices and contests.

Athletic Suspension: A specified period of days during which a student athlete is not allowed to participate, the duration of which may extend beyond the current season. The principal may direct that the suspended student athlete can take part in team practices and meetings. Under no circumstances will the suspended student athlete be allowed to participate in game related activities.

Athletic Expulsion: The complete denial of the privilege to participate in the athletic program for an indefinite period of time.

In Season: A sport season begins with the first WIAA allowed practice day for that particular sport and ends on the Monday following the last contest.

Out of Season: Any time not in season, starting with WIAA defined beginning of the fall season and ending with the North Mason School District last student school day.

Calendar Year: 365 consecutive days.