

# Special Dietary Needs Request for Student WITHOUT Disability Child Nutrition Programs

FOR INTERNAL INFORMATION ONLY: If yes, the local education agency must request approval from the Office of Superintendent of Public Instruction - Child Nutrition Services prior to making milk substitutions and must follow USDA regulations. Requests for milk substitutions may be signed by a parent/guardian OR recognized medical authority for students without disabilities.

**PARENT/GUARDIAN MUST COMPLETE THIS SECTION**

**IS THIS REQUEST FOR COWS MILK SUBSTITUTION (check box):** Yes  No

_____ Student Name	_____ Birth Date	_____ Age	_____ Grade	_____ School
_____ Parent/Guardian Name		_____ Phone		
_____ Mailing Address		_____ City/State/Zip		
_____ Signature of Parent/Guardian		_____ Date		

**DIET ORDER - RECOGNIZED MEDICAL AUTHORITY MUST COMPLETE and SIGN THIS SECTION.**

The definition of a Recognized Medical Authority in Washington State is limited to the following professionals only: Medical Doctor; Doctor of Osteopathy; licensed Physician’s Assistant with prescriptive authority; licensed Advanced Registered Nurse Practitioner with prescriptive authority; or licensed Naturopathic Physician.

1. What is the student’s special dietary need?

2. List all food(s) to be omitted:

3. List all food(s) to be substituted:

4. List any foods that require texture modification and describe how to prepare (chop, grind fine, puree, etc.):

5. Describe any other comments about the student’s eating or feeding patterns:

_____ Signature of Recognized Medical Authority	_____ Date	_____ E-mail	_____ Phone
_____ Printed Name of Recognized Medical Authority		_____ Address	

## RESOURCES RELATED TO MENU MODIFICATION REQUESTS

- **Americans with Disabilities Act**

ADA Homepage: <http://www.ada.gov/>

- **Office of Superintendent of Public Instruction**

*Guidelines for Care of Students with Life-Threatening Food Allergies, March 2008*

<http://www.k12.wa.us/HealthServices/pubdocs/GuidelinesCareStudentsAllergies.pdf>

- **US Department of Agriculture Food and Nutrition Service**

*Accommodating Children with Special Dietary Needs in the School Nutrition Programs Guidance for School Food Service Staff* [http://www.fns.usda.gov/cnd/Guidance/special\\_dietary\\_needs.pdf](http://www.fns.usda.gov/cnd/Guidance/special_dietary_needs.pdf)

- **US Department of Education link for IDEA**

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities. Infants and toddlers with disabilities (birth-2) and their families receive early intervention services under IDEA Part C. Children and youth (ages 3-21) receive special education and related services under IDEA Part B.

<http://idea.ed.gov/>